



CT Chest Preparation Requirements

- You need to be nil per mouth for at least 6 hours prior to the procedure (i.e. no food or drink).
- U&E, creatinine and eGFR blood results need to be obtained prior to the booking.
- If you have any allergies, especially to iodine, or if you are pregnant, please inform the radiographer or medical secretary when you make your booking and before any scans are performed
- Patients that are taking glucophage, metforman or a derivative of, usually stop their medication 24hrs before and after the CT examination. Please discuss with referring doctor.
- Your heart rate needs to be at an optimal level which may necessitate drugs being administered prior to the procedure.

Nothing to eat or drink 6 hours prior to the procedure.
History of allergy to iodine and pregnancy state must be communicated at time of booking.

Procedure

The average examination takes approximately 20 to 30 minutes. Depending on the indication for the scan, introduction of intravenous iodine - containing contrast medium may be required. You will be required to lie on your back on the CT table with your arms extended above your head.

After Procedure

Normal activities may be continued.