



CT Sinuses Preparation Requirements

- You need to be nil per mouth for at least 6 hours prior to the procedure (i.e. no food or drink).
- U&E, creatinine and eGFR blood results need to be obtained prior to the booking.
- If you have any allergies, especially to iodine, or if you are pregnant, please inform the radiographer or medical secretary when you make your booking and before any scans are performed.
- Patients that are taking glucophage, metforman or a derivative of, usually stop their medication 24hrs before and after the CT examination. Please discuss with referring doctor.
- Your heart rate needs to be at an optimal level which may necessitate drugs being administered prior to the procedure.

If you are pregnant, it is important to inform the radiographer before you have any scans.

Procedure

You will be required to lie either on your back or on your stomach the CT table. The table will move so that your head is positioned within the ring of the gantry. An examination usually lasts approximately 15 minutes.

There will be no pain or discomfort associated with the procedure.

After Procedure

Normal activities may be continued