



**JACKPERSAD
& PARTNERS INC.**
SPECIALIST DIAGNOSTIC
RADIOLOGISTS

Cardiac Mibi Study Preparation Requirements

Total duration of study: 8 hours (for One day protocol, the study may be distributed into 2 days)

Scanning time: Two-part study (Stress and Rest). Approximately 40-60 minutes per image.

Pregnancy: contraindicated

Breast feeding: stopped for duration of scan up to 4 hours post scan. Mother is encouraged to express milk prior to study.

Intervention: Stress may be physiological (treadmill) or pharmacological (Adenosine)

Medication: B Blockers and other pace regulating/ limiting medication to be stopped. Kindly have your clinician speak directly with Nuclear Physician for full preparation.

Biochemistry: None

Other studies: Full record of Echo, stress ECG and angiogram required.

Diet: No caffeine or adrenergic stimulating diet. Eat as usual. Bring a snack for duration of study. Bring a fatty meal for study.

Allergy: None

Hydration: patient is encouraged to drink water prior and during study