



## **Hida Scan Preparation Requirements**

**Total duration of study:** 2-4 hours

**Scanning time:** Approximately 60 minutes per image.

**Pregnancy:** Not contraindicated but clear clinical indication needs to be specified. [ACR-SPR Practice Guideline for Imaging Pregnant or Potentially Pregnant Adolescents and Women with Ionizing Radiation](#)

**Breast feeding:** not stopped

**Medication:** Morphine must be stopped. Infants should be started on Phenobarb 5 days prior to scan to optimize sensitivity.

**Biochemistry:** LFT

**Previous studies:** all radiology required.

**Diet:** To permit timely gallbladder visualization, the adult patient must have fasted for a minimum of 2 and preferably 4HRS before administration of the radiopharmaceutical. Children should be instructed to fast for 2-4 h, whereas infants need to fast for only 2 h before radiotracer injection. In the latter group, clear liquids are permissible, if medically necessary. However, fasting for longer than 24 h (including those on total parenteral nutrition), can cause the gallbladder not to fill with radiotracer within the normally expected time frame. Disregard of the above guidelines may result in a false-positive non-visualization of the gallbladder.

Patient should bring a fatty meal for the procedure. This can include a toasted cheese sandwich or fried chips and a chocolate

**Allergy:** None

**Hydration:** patient is encouraged to drink water prior and during study