



**JACKPERSAD
& PARTNERS INC.**
SPECIALIST DIAGNOSTIC
RADIOLOGISTS

I-123 MIBG Scan Preparation Requirements

Total duration of study: 48 hours

Scanning time: Images at 4, 24 and 48 hours. Approximately 90-120 minutes per image.

Pregnancy: contraindicated

Breast feeding: stopped

Medication: list of medication to be stopped. Kindly have your clinician speak directly with Nuclear Physician for full preparation.

Thyroid blockade: due to radiopharmaceutical and free circulating iodine. Patient to be on Lugol's iodine 2 drops 3 times daily. (advised to drink with milk or juice due to bitter taste) Begin 2 days prior to study and up to 3 days after administration.

Biochemistry: rising specific tumour markers, metanephrine levels.

Diet: No caffeine or adrenergic stimulating diet. Eat as usual. Bring a snack for duration of study. The diet preparation will be sent to you once the scan has been booked will be sent to you once the scan has been booked

Allergy: None

Hydration: patient is encouraged to drink water prior during study.